

GET RESULTS FASTER WITH A PERSONAL TRAINER

**NO
EXCUSES NO
LIMITS**

GROUP SESSIONS:

2persons	1/2Hr Session	\$50
3persons	1/2Hr Session	\$70
4persons	1/2Hr Session	\$85
5 persons	1/2Hr Session	\$100
2persons	1Hr Session	\$100
3persons	1Hr Session	\$135
4persons	1Hr Session	\$155
5 persons	1Hr Session	\$175

**NEW PRICES
NEW TRAINERS
NEW GROUP PACKAGES**

**ENQUIRE AT
RECEPTION
87844800**

INDIVIDUAL SESSIONS:

1x	1/2Hr Session	\$35
5x	1/2Hr Session	\$165
10x	1/2Hr Session	\$325
1x	1Hr Session	\$65
5x	1Hr Session	\$300
10x	1Hr Session	\$585

